

Maryland Health Care Resources

Accupuncture

Natural Health & Acupuncture Clinic 301) 620-1557 www.healingpowerofnature.com
252 E. Sixth St., Frederick, MD 21701
Giselle Lai, Lac, ND Emphasis: Acupuncture and Steven Sinclair, Lac, ND Emphasis: Acupuncture

Joanne Wu, Lac, MSOM, ND 301) 270-4010
Lineage Natural Health 6930 Carroll Ave, Ste 501, Takoma Park, MD 20912
Emphasis: Acupuncture; Family Practice; Pain Management.

Aromatherapy

Certified Natural Health Practitioners

Certified Registered Nurse Practitioners/Nurse Practitioners & Registered Nurses

Joyce Benjamin, RN, PA
7507 Old Chapel Drive, Bowie, MD 20715 301) 805-8399
Emphasis: Allergy; Autism; NAET; IV Therapy; Hyperbaric; Fibromyalgia; Infertility

Chiropractors

Colon Hydrotherapy

Compounding Pharmacist

Dentists - Holistic

Michael Baylin, DDS 410) 484-5266
Physiologic Dentistry 3655A Old Court Rd., Suite 8, Baltimore, MD 21208
Emphasis: Holistic dentistry; Biological dentistry; Metals Free dentist; Cavitat Scanning.

Jeffrey D. Hartman, DMD 814) 643-9414 800) 732-9630
Smiles For Life 524 Washington St., Huntingdon, PA 16652 www.jhartman.net
Emphasis: Amalgam Free since 1988; Amalgam Removal; Invisalign certified; Adult & Children Orthodontic; Biologic Holistic Dentist; Biocompatible Material Testing; Non-surgical gum treatments.

Blanche Grube, DDS 570) 343-1500 www.drblancegrube.com
810 Green Ridge St., Scranton, PA 18509
Emphasis: Holistic DDS; Biological Dentistry; Metals Free Dentist; Cavitat Scanning.

Pentiti J. Nupponen, DMD, MAGD 717) 896-3911 800) 929-2844
Kem Moser, DDS
Halifax Family Dentistry 207 Market St., Halifax, PA 17032

Massage Therapists & Body Workers

Medical Doctors & Doctors of Osteopathy

Paul V. Beals, MD, BPCT Washington DC Office 202)237-7000
Chesapeake Wellness Center 133 Log Canoe Circle, Stevensville, MD 21666 410) 604-6344
Emphasis: Anti-Aging Medicine; Cardiovascular; Chelation Therapy; Family Practice; Hydrogen Peroxide Therapy; Hormone Replacement Therapy; Preventive Medicine; Yeast Syndrome

Norton Fishman, MD, CNS, FACP 301) 330-9430
Optimal Health Physicians 15235 Shady Gove Rd #102, Rockville, MD 20850
Emphasis: Chelation Therapy; Geriatrics; Internal Medicine; Preventive Medicine; Cardiovascular; Hydrogen Peroxide Therapy; Hormone Replacement Therapy; Nutrition; Lyme Disease.

Peter Hinderberger, MD, PhD 410) 367-6263
Ruscomb Mansion Community Health Center 4801 Yellowwood Ave., Baltimore, MD 21209
Emphasis: Holistic Health; Homeopathy.

Lynese Lawson, DO 703) 774-8690
1660 International Dr. Suite 400, McLean, VA 22102
Emphasis: Holistic Health; Clinical Nutrition; Women's Health; Hormone Balance.

F. Alexander Leon, MD 301) 645-9551 or 034
St. Charles Healthcare/Leon Medical Center 3261 Old Washington Rd., #3010, Waldorf, MD 20602
Emphasis: Family Practice; Nutrition.

Deborah McCabe, CN, FMP, HN 443) 373-1881
Patient Resource & Wellness Center 1813 Sweet Bay Dr, #1, Salisbury, MD 21804
Emphasis: Nutrition

Rafik Nasr, MD, DABMA 410) 326-8100 225 Town Square Dr., Lusby, MD 20657
Emphasis: Family Practice; Acupuncture; Anti-Aging Medicine

Jyothi Rao, MD 410) 997-5191 / 410) 997-7660 www.crossroadsmd.com
Warren Ross, MD
Cross Roads Medical Assoc. 4801 Dorsey Hall Dr. Suite 201, Ellicott, MD 21042
Emphasis: Primary Care; Preventative Health Care.

Kenneth B. Singleton, MD 410) 296-3737 8501 LaSalle Rd. #310, Towson, MD 21286
Emphasis: Internal Medicine, Nutrition; Acupuncture; Lyme Disease

Mark Sivieri, MD
Laurel Wellness Center 9101 Cherry Lane, Suite 205, Laurel, MD 20708 301) 490-9911
Chesapeake Wellness Center 133 Log Canoe Circle, Stevensville, MD 21666 410) 604-6344
Emphasis: Family Practice; Anti-Aging Medicine; Chelation Therapy; Hydrogen Peroxide Therapy; Hormone Replacement Therapy; Yeast Syndrome.

Jacob E. Teitelbaum, MD 410) 266-6958 www.endfatigue.com
466 Forelands Rd., Annapolis, MD 21401
Emphasis: Internal Medicine; CFS; Fibromyalgia.

Naturopaths

Stephanie Becker, ND 202) 457-8282
Meadow Hill Wellness 207 Ridgely Ave, Annapolis, MD 21401 www.meadowhillwellness.com
Washington Center for Complementary Medicine 900 19th St NW, Ste 250, DC 20006
Emphasis: ADD; Botanical Medicine; Cancer Support; Cardiovascular; CFS; Nutrition; Environmental Medicine; Family Practice; Homeopathy; Infectious Disease; Neurological Diseases; Pediatrics; Psychiatric Disorders; Women's Health.

Paul Foust, ND 410) 821-1788 www.ChesapeakeNaturalHealth.com
Chesapeake Natural Health Center 521 E. Joppa Rd., Ste 205, Towson, MD 21286
Emphasis: ADD; Botanical Medicine; Cancer Support; Cardiovascular Disease; Chronic Fatigue; Diabetes, Family Practice; Gynecology; Homeopathy; Orthomolecular Medicine; Pediatrics; Psychiatric Disorders; Women's Health.

Robert Kay, ND, DC 410) 461-7122
9051 Baltimore National Pk. 3E, Ellicott, MD 21042
Emphasis: Clinical Nutrition; Homeopathy; Chiropractic

Veronica Hayduk, ND 301) 395-9118
451 Hungerford Dr., Ste 119, Rockville, MD 20851
912 Thayer Ave, Ste 209, Silver Spring MD, 20910-5735
Emphasis: Botanical Medicine; Cardiovascular Disease; CFS; Clinical Nutrition; Diabetes, Environmental Medicine; Family Practice; Homeopathy; Women's Health.

Stacey Kargman, NMD, Lac, ND www.marylandnaturalhealthcenter.com
Maryland Natural Health Center 10806 Reisterstown Rd Ste 1E, Owings Mills, MD 21117 410) 356-4600
Mid-Atlantic Headache Institute Reisterstown Rd, Pikesville, MD 410) 356-4600
Emphasis: Acupuncture; ADD; Botanical Medicine; Cardiovascular Disease; CFS; Clinical Nutrition; Counseling; Family Practice; Gynecology; Pediatrics; Psychiatric Disorders, Women's Health.

Valerie Nix, NMD www.valerienex.com
Natural Healing Wellness Center 100 Annapolis St., Annapolis, MD 21401 410) 626-0045
Natural Healing Wellness Center 560B Ritchi Hwy, Severna Park, MD 21146 410) 544-6445
Emphasis: ADD; Cancer Support; Cardiovascular; CFS; Counseling; Family Practice; Homeopathy; Neurological Disease; Pain Management; Psychiatric Disorders; Women's Health.

Kevin Passero, ND 443) 433-5540 www.HeathTides.com
HealthTides Naturopathic Center 203 Ridgely Ave., Annapolis, MD 21401
Emphasis: ADD; Botanical Medicine; Cardiovascular; Clinical Nutrition; Diabetes; Family Practice; Homeopathy; Pediatrics; Women's Health.

Stephany Porter, ND
The Bohi Clini 701 Morris Tongue Dr., Millersville, MD 21108 410) 923-8888
Maryland Natural Health Center 10806 Reisterstown Rd., Owings Mills, MD 21117 410) 356-4600
Emphasis: ADD; Botanical Medicine; Cancer; Cardiovascular; CFS; Clinical Nutrition; Diabetes, Environmental Medicine; Family Practice; Homeopathy; Hydrotherapy; Neurological Disease; Women's Health.

Emily Telfair, ND 410) 472-7077 www.ojaswellness.com
Ojas Wellness Center 10 Fila Way Ste 1, Sparks, MD 21152 410) 472-7077
9419 Common Brock Rd. Ste 104, Owens Mills, MD 21117 410) 356-7080
Emphasis: Botanical Medicine, Clinical Nutrition; Counseling; Homeopathy.

Sara Tung, LAc, ND <http://drsarahtung.googlepages.com>
Meadow Hill Wellness 207 Ridgely Ave, Annapolis, MD 21401 www.meadowhillwellness.com 443) 433-5535
Prohealth Chiropractic Wellness Center 11214 Old Georgetown Rd., N Bethesda, MD 20852 301) 231-6550
Emphasis: Acupuncture; Botanical Medicine; Cardiovascular; Nutrition; Diabetes, Environmental Medicine; Family Practice; Pain management, Women's Health

Other Resources

Susan Silberstein, PhD. 610) 642-4810 www.beatcancer.org
Center for Advancement in Cancer Education 300 E. Lancaster Ave. Suite 100, Wynnewood, PA 19096
Non-profit cancer information, counseling and referral agency. The center collects, evaluates and distributes information on biological cancer therapies and provides education programs for both lay and professional groups. The center focuses on immune support through clinical nutrition, botanical medicine and psychoneuroimmunology.

North Carolina Institute of Technology 828) 225-8581 www.cancercured.org
Emphasis: Non-invasive Breast Cancer treatment.

For Provider Resources in Other States:

www.acam.org - American College for Advancement in medicine – Alternatively minded Physicians & Naturopath's directory.

www.biologicaldentistry.org & www.holisticdentalnetwork.com Alternatively minded Dentist directories.

www.naturopathic.org – The American Association of Naturopathic Physicians

www.thermologyonline.org – American College of Clinical Thermology